



'IF WE CAN RAISE OUR KIDS TO BE HAPPY AND HEALTHY, I THINK WE DID A PRETTY GOOD JOB'

# TIFFANI THIESSEN

Tiffani Thiessen, 43, and her husband, actor Brady Smith, 45, have one goal above all for daughter Harper, 7, and son Holt, 2. "In our world right now, we want our kids to be raised with kindness, and we want them to treat people with kindness," says the former *Saved by the Bell* and *Beverly Hills, 90210* star, appearing next in Netflix's *Alexa & Katie*.

## My proudest moment as a parent is...

The daily "I love yous" and seeing that they're happy—to me those are huge winners. It's the simple things.

## My kids make me laugh when...

Holt is in the phase when every toot and burp makes him laugh, so when he laughs, I laugh. And Harper is into hiding around the corner and scaring Mommy and Daddy.

## Sibling rivalry is...

Pretty small, and I think it has a lot to do with the age difference. I tell her all the time, "You're almost a bigger teacher than Mommy and Daddy because he watches everything that you do."

## I feel in over my head as a mom when...

Work gets involved and Brady's got a lot on his plate. I've got the mommy guilt of making them first priority but knowing in the back of my head that I'm going to be up until 2 a.m. trying to finish my cookbook or whatever it is. Those days I have to remind myself constantly that it'll all get done. A lot

of deep breaths, that's what I always try to do.

## The costars I plan playdates with are...

We see Mark-Paul Gosselaar a lot, and I just ran into Naomi Priestley—[her husband, former *90210* star] Jason was shooting in Canada. I keep in touch with a lot of them.

—DANA ROSE FALCONE



"I find pleasure in each different phase my kids go through," says Thiessen (with Harper, Holt and husband Brady).

